



RESOURCES for CRISIS RESPONSE - School/Community Violence

PARENT & TEACHER RESOURCES

- Talking to Children About Violence: Tips for Parents and Teachers
<https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/talking-to-children-about-violence-tips-for-parents-and-teachers>
- Managing distress after school shootings <<http://www.apa.org/helpcenter/aftermath.aspx>>
- Talking to Children About Violence Infographic https://bcpscloud-my.sharepoint.com/:b:/g/personal/sholter_bcps_org/EUH3COMxB4JCuD2OUF_VZbUBffBsSkv4-at0iwOMREmVw?e=lisqd3
- Managing your distress in the aftermath of a shooting <http://www.apa.org/helpcenter/mass-shooting.aspx>
- Help for Caregivers/Parents
<<https://www.schoolcounselor.org/asca/media/asca/Crisis/HelpforCaregivers.pdf>>
- Managing Traumatic Stress<<http://www.apa.org/helpcenter/recovering-disasters.aspx>>
- Recovering Emotionally<<http://www.redcross.org/find-help/disaster-recovery/recovering-emotionally>>
- Creating and Updating School Emergency Management Plans<<http://rems.ed.gov/CreatingAndUpdatingSchoolEmergencyManagementPlans.aspx>>
- Readiness and Emergency Management for Schools Technical Assistance Center<<http://rems.ed.gov/CreatingAndUpdatingSchoolEmergencyManagementPlans.aspx>>
- National PTA<<http://www.pta.org/programs/content.cfm?ItemNumber=985>>
Contains information about "Discussing Hate and Violence with Your Children."
- [PBS.org](http://www.pbs.org/parents/talkingwithkids/news/) - Talking With Kids About the News
<<http://www.pbs.org/parents/talkingwithkids/news/>>
- The Child Mind Institute: How to Help Children Cope With Frightening News<<http://www.childmind.org/en/posts/articles/2011-12-27-helping-your-child-cope-deaths-friends>>
- Going Back to School After a Tragedy<<http://www.childmind.org/en/posts/articles/2012-12-16-going-back-school-after-tragedy>>

SCHOOL COUNSELOR RESOURCES

- Help for the Helpers
<<https://www.schoolcounselor.org/asca/media/asca/Crisis/HelpforHelpers.pdf>>
 - Lessons Learned from the Shootings at Columbine High School
<<https://www.schoolcounselor.org/asca/media/asca/Crisis/columbine.pdf>>
 - Culturally Competent Crisis Response: Information for Crisis Teams<https://www.schoolcounselor.org/asca/media/asca/Crisis/cc_crisis.pdf>
 - The Office for Victims of Crime
<http://www.ojp.usdoj.gov/ovc/publications/infores/cat_hndbk/NCJ190249.pdf>
 - The American Psychological Association (APA)
Terrorism and other disasters<<http://www.apa.org/about/gr/issues/cyf/disaster.aspx>>
 - Managing Traumatic Stress<<http://www.apa.org/helpcenter/recovering-disasters.aspx>>
 - <http://www.apa.org/helpcenter/road-resilience.aspx>
 - Recovering Emotionally<<http://www.redcross.org/find-help/disaster-recovery/recovering-emotionally>>
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- **Webinars on Crisis**
 - Counseling Kids in Crisis
View the webinar<<https://www.schoolcounselor.org/asca/media/webinars/2011-11-09-15-00-Counseling-Kids-in-Crisis.wmv>>
 - Infusing a Caring Climate in Your School
View the webinar<https://www.schoolcounselor.org/asca/media/webinars/2012-12-04-15-00-2012-ASCA-Webinar-Series_Infusing-a-Caring-Climate-Into-Your-School.wmv>
 - Supporting Students After Crisis and Loss
View the webinar<<https://www.schoolcounselor.org/asca/media/webinars/2011-09-07-15-02-Supporting-Students-After-Crisis-and-Loss.wmv>>
 - Death and School Crisis<<https://grievingstudents.org/module-section/death-school-crisis/>>
 - National Child Traumatic Stress Network<<http://www.nctsn.org/trauma-types/natural-disasters>>

DOCUMENTS AND PUBLICATIONS (Please review each document in its entirety to determine the appropriate audience before use)

- Talking to Children About Terrorism and School Shootings in the News<<https://www.schoolcounselor.org/asca/media/asca/Crisis/Terrorism.pdf>>
- Guidelines for Responding to the Death of a Student or School Staff<<http://www.cincinnatichildrens.org/assets/0/78/1067/4357/4389/2fa07dc5-0e85-4495-aa9c-2b31fd837ba1.pdf>>
- Parent Guide<<http://www.cincinnatichildrens.org/service/n/school-crisis/resources/parent-guide/>>
- Practical Information on Crisis Planning: A Guide for Schools and Communities<<http://www.ed.gov/emergencyplan>>
Developed by the U.S. Department of Education, this publication helps schools understand the components of crisis planning and the crisis preparedness process and provides examples of best practices.
- School Crisis Guide: Help and Healing in a Time of Crisis<<http://crisisguide.neahin.org/crisisguide/>>
- Guidelines for Helping College Students in the Aftermath of the Shooting at Virginia Tech<<https://www.schoolcounselor.org/asca/media/asca/Crisis/VATech.pdf>>
Published by the Crisis Management Institute
- Scared or Prepared<<https://www.schoolcounselor.org/asca/media/asca/Crisis/Trump.pdf>>
- By The Numbers <<https://www.schoolcounselor.org/asca/media/asca/Crisis/Poland.pdf>>
- Coping With the Sudden Death of a Student<<https://www.schoolcounselor.org/asca/media/asca/Crisis/crisisbook.pdf>>

ADDITIONAL RESOURCES FROM the NATIONAL CHILD TRAUMATIC STRESS NETWORK

Resources in Response to the High School Shooting

In response to the recent high school shooting in St. Mary's County, Maryland, the National Child Traumatic Stress Network has developed resources to help families and communities. These resources include tip sheets on:

- [The Psychological Impact of the Recent Shooting](#)
- [Tips for Parents on Media Coverage](#)
- [Tip Sheet for Youth Talking to Journalists about the Shooting](#)
- [Parent Guidelines for Helping Youth after the Recent Shooting](#)
- [Talking to Children about the Shooting](#)
- [Helping Teens with Traumatic Grief: Tips for Caregivers](#)
- [Helping School-Age Children with Traumatic Grief: Tips for Caregivers](#)
- [Helping Young Children with Traumatic Grief: Tips for Caregivers](#)
- [After a Crisis: Helping Young Children Heal](#)
- [After the Injury](#)—website for families with injured children
- [Health Care Toolbox](#)—website for pediatric health providers working with injured children

Resources for Educators

- [Helping Youth After a Community Trauma: Tips for Educators](#)
- [Psychological for Aid for Schools \(PFA-S\) - full manual](#)
- [Providing PFA-S: For Health-Related Professionals](#) - handout
- [Providing PFA-S: For Principals and Administrators](#) - handout
- [Providing PFA-S: For School Support Staff](#) - handout
- [Providing PFA-S: For Teachers](#) - handout
- [Self-Care Checklist for School Staff](#) - handout

The NCTSN also has resources for responders on [Psychological First Aid \(PFA\)](#). PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events. An online training course for PFA is available on our [NCTSN Learning Center](#). [PFA Mobile](#) is an app that can be accessed for free for Android and Apple mobile devices.

Disaster Hotline

SAMHSA has a [Disaster Distress Hotline](#) – call *1-800-985-5900* or text *TALKWITHUS* to *66746*.